

Mgr. Veronika Holíková

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Address: Račianska 66, Bratislava, Slovakia

Work experience

12/2020 – co-founder and coordinator of the NGO Centre of Therapeutic Services
(dostupneporadenstvo.sk)

9/2017 – current: psychologist, counselor, facilitator, lecturer (freelance)

12/2015 – 12/2021 psychologist, lecturer, consultant for Human Dynamic Europe, Bratislava

08 - 09/2015 career counselor and lecturer, project of career counseling for homeless people, Depaul
NGO, Bratislava

2014 – 2015 psychologist , Čistý Deň, rehabilitation centre, Galanta

2011 – 2013 psychologist in clinical psychology centre, Most, Czech Republic

Education

2005 – 2011 Masters studies in Psychology at Department of psychology, Faculty of Philosophy,
Comenius University Bratislava, Slovakia

2001 – 2005 High school for health workers, Nové Zámky, Slovakia

Trainings

2023 – Medical Intuition (Jennifer Lisa Vest)

2022 – EFT for couples (Serine Warwar), Level 1

2021 – EFT for families (Joanne Dolhanty)

2020-2022 Certified facilitator of Feeding your demons method (online, Tara Mandala, U.S.)

2020 – EFT for individuals (Laco Timulak), Level 1,2,3

2020 – Beyond Experience workshop (psychedelic integration), Mind Foundation, Berlin, Germany

2019 – current – Training in systemic constellations, Czech Republic

2020 – Group facilitation, PDCS, Bratislava

2012 – 2019 – accredited psychotherapeutic training in Process-oriented psychology, POPI Slovakia

05/2019 - Gottman clinical couple therapy training, Level 1, London, UK

01/2019 – Lecturer – certified training, ALKP, Bratislava

10/2017 – Leadership and Facilitation: Community and conflict transformation, London, UK

2016 – Mindfulness based stress reduction (8 week program)

2016 – 2017 – Mediation training, Centre of further education, Comenius University, Bratislava

2016 – 2023 Certification training for psychotherapists, SIVP, Bratislava

03/2016 – Crisis intervention (basics), Kvapka n.o., Bratislava

02/2016 – Business leadership coaching, Cevey systems, Bratislava

06/2015 – 09/2015 – Career counselling training, Navigácia v povolání, Bratislava

04/2014 – Process-oriented psychology for addictions, Asociacion Garaldea, Madrid, Spain

01/2012 – 12/2012 – Rorschach methodology, IKP, Prague

2012 –Autogenic training, Pro mente sana, Bratislava

Memberships

Registered psychologist in Slovak chamber of psychologists, board member of Slovak institute for process-oriented psychology, founder of Centre of Therapeutic Services, board member of Czech and Slovak Institute of EFT

Language skills

English – B2

Czech – C2

Interests

Gardening, meditation, learning, singing, change-making

Practice in Zen Buddhism (Kwan Um School of Zen), Vajrayana Buddhism (Tara Mandala Centre)